


WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Homemade mince beef pie with potato wedges and onion gravy	Classic chicken lasagne served with garlic slice 	Roast beef with Yorkshire pudding gravy and mashed potato	Chinese Sweet and sour chicken with mixed rice 5 A DAY	Fish fingers with Chunky chips
VEGETARIAN/ HALAL DISHES	Homemade Cheese & Onion pie with potato wedges	Vegetarian/ or halal chicken pasta bake 5 A DAY	Quorn/ or halal chicken fillet roast with gravy and mashed potato	Vegetarian chilli/ or halal chicken tikka with mixed rice	Vegetarian sausage/ or halal chicken sausage & chunky chips
ACCOMPANIMENTS 5 A DAY	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Chocolate and banana slice	Carrot and orange muffins	Apple berry fool 5 A DAY	Fruit crumble and custard 5 A DAY	Oat biscuits
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Variety is the key to a healthy diet. try something new today!

-  - MEAT FREE MONDAY
-  - 1 OF YOUR 5 A DAY
-  - CHEF'S CHOICE